



CANDYFIELDS MATERNITY
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- Always start posing from the feet
- Stand client in profile or 3/4 view
- Pull shoulders back slightly, ensure that she does not look “stiff”
- Ensure a gap between back and arm
- Push hip to one side with slight arch in the back
- Apparent width of hips and bottom is increased
- This pose is not suitable for every client or nudes, it widens the hips and opens the legs
- Remember to allow your client to rest often and to stretch when needed, she is not going to be able to hold poses for prolonged periods
- Back foot comes up onto tip toe lifting the knee and widening the hips

POSTURE
BACK STEP
(selective)

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