



- Always start posing from the feet
- Direct gaze by using one of **the three** - see gaze posing rules
- Lift shoulder slightly
- Place hand on her hip or arch of back
- Cradle her bump with farthest hand underneath or on top. Also use farthest hand to cover breasts and nipples if shooting nude
- Ensure both hands can be seen
- Kick bottom out to one side or arch her back
- Position feet by using one of **the three** - see feet posing guide

FASHION  
POSITION ONE

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