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- Always start posing from the feet
- Direct gaze by using one of **the three** - see gaze posing rules
- Drop shoulder
- Cradle her bump with closest hand underneath and farthest on top
- Ensure both hands can be seen
- Kick bottom out to one side or arch her back
- Position feet by using one of **the three** - see feet posing guide

# THE CRADLE

POSITION ONE

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